

Shama Massage and Healing LLC

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Reiki Client Intake Form

Name: _____ Date: _____

Address: _____

Phone: _____ Emergency Contact: _____ Phone: _____

Email: _____ Date of birth _____

1. How did you hear about me? _____

2. Have you had a Reiki treatment before? Yes / No If yes, date of last session: _____

3. What is your goal for today's session? _____

Do you have any difficulty lying on your back or stomach? Yes_____ No_____

Would you prefer a chair that keeps your body upright? Yes_____ No_____

Are you allergic to: Perfumes: _____ Essential Oils: _____ Fragrances: _____

Please list any other allergies: _____

Are you sensitive to touch? (would you prefer hands-off Reiki)? _____

Are you under the care of a Doctor? _____ Contact info: _____

Do you have/had any of the following?

Heart problems: _____ Pace maker/defibrillator: _____ Diabetes: _____

Asthma: _____ High/Low blood pressure: _____ Depression: _____

Anxiety: _____ Cramps or Numbness: _____ Pain: _____

Please List any other health conditions or concerns or medications currently taking:

Are you currently or have you ever used any other holistic healing methods? _____

Please list: _____

Do you have any additional concerns or questions? _____

~Explanation and Consent~

What is Reiki?

Reiki is a pure form of vital life energy that works with your body's chakra/energy system.

A treatment feels like a wonderful warm, glowing radiance that flows through you and surrounds you.

Reiki treats the whole person including body, emotions, mind, and spirit.

Reiki can create many beneficial effects including relaxation, feelings of peace, security, well-being and more.

The word Reiki is made of two Japanese words - Rei which means "Universal Wisdom or the Higher Power" and "Ki" which is "life force energy". So Reiki is actually "spiritually guided life force energy."

*Reiki is not a replacement for traditional medical treatment,
instead it is a beneficial healing system that enhances it.*

Consent:

Mary O'Neil's services are holistic in nature and are not meant to diagnose. Clients are encouraged to seek conventional medical help as needed and accepts total responsibility for his/her own health care and maintenance. Nothing said, typed, printed, or produced by Mary O'Neil is intended or meant to diagnose, prescribe, treat or take the place of a licensed physician. I understand that Mary's services will work in conjunction with but not interfere with any treatment of a licensed medical professional

Reiki, therapeutic essential oils and crystal healing sessions involve natural methods of energy healing for the purpose of stress reduction, pain, relaxation and restoring balance to the body's energy centers.

While most people feel energized, relaxed and an overall feeling of health and well-being after a Reiki session, occasionally one may experience a "healing response". Even though this condition is rare and is a good thing, Mary likes to advise clients in the event it does happen.

What is it? When the vibrations of a person go up during a Reiki treatment negative energies and energy blockages are released from the body as well as any built up toxins, this may cause the body to go through a "detox" as the Reiki energy works to remove them and cleanse the body.

Symptoms; Feeling tired, light-headed, headache, diarrhea, or upset stomach. Mary recommends drinking lots of water, grounding and eating organic fruits and vegetables to assist the body in the detox process.

Billing: Payment is expected at time of service unless prior arrangements have been made.

Cancelation Policy: I understand that I will be required to pay for any missed appointments unless I give Mary a 24 hr. notice and that any two canceled sessions will require a deposit to reschedule.

By signing below, I acknowledge, understand and fully agree with the above information.

Signature of Client: _____

Printed Name: _____

Date: _____